Rotherham Neuro-Rehabilitation Team
The Neurorehabilitation Therapy Team is part of the Integrated Neurological Conditions Service which provides a high quality, efficient service to maximise people’s independence and function with the intention of facilitating and managing a safe and effective hospital discharge and ongoing rehabilitation within the community.
Delivery of care is within a range of different environments, including critical care, in-patient and out-patient rehabilitation and patients own homes. The clinical caseload encompasses a wide variety of neurological conditions including stroke, multiple sclerosis and traumatic brain injury. Our philosophy is to deliver high quality care as part of a multi-disciplinary approach to maximise people’s independence at home.
There is the opportunity to work as part of the wider MDT including physiotherapists, occupational therapists, speech and language therapists, rehabilitation nurses and doctors.
We have a strong commitment to supervision, PDR, CPD and staff training alongside a robust clinical supervision framework.

Rotherham Stroke Rehabilitation Team
The stroke rehabilitation team provides intensive rehabilitation to stroke survivors in both the acute and community settings. The team work as a part of a wider multidisciplinary team (MDT) including Occupational Therapy, Speech and Language Therapy and Clinical Psychology.

Integrated Medicine Team
Provides therapy to referred adults on the wards and covers the clinical decision unit within the Emergency Department as well as the Frailty Unit

Medical / Surgery Team
This rotation provided the opportunity to work in specialties including the Acute Medical Unit, Medical, Surgical and Critical Care areas. During this rotation there is the opportunity to further develop your respiratory skills as well as working closely with the locality rehabilitation teams and breathing space pulmonary rehabilitation team.

Locality Rehabilitation Therapy
These new rehabilitation teams have been created to offer personalised rehabilitation packages to individuals in various settings, in the community. The physiotherapy rotational post work’s as part of a Multi-Disciplinary Locality Therapy Team providing interventions and rehabilitation that assist to prevent hospital admissions, accelerate discharges from hospital and prevent readmission, linking closely with multi professional community teams.

Pulmonary Rehabilitation
The pulmonary rehabilitation team is part of the Locality Rehabilitation Therapy team. Breathing Space a unique facility providing Pulmonary Rehabilitation and Respiratory inpatient rehabilitation
The pulmonary rehabilitation team is located in the unique Breathing Space facility. This physiotherapy rotational post is part of a wider multi-disciplinary team at breathing space, carrying out group work and individual treatment interventions

Community Paediatrics
This paediatric rotation will provide the opportunity to work alongside senior therapists to treat children with a long term neurological/neuromuscular conditions in a variety of settings, including home, mainstream and special schools and clinic. We provide individual assessments, goal orientated treatment and management programmes. These can range from monitoring and advice to a complex package of care including regular therapy sessions, hydrotherapy, provision of equipment, training carers and other staff and liaison with the multidisciplinary team and other health professionals. We work closely with parents and educating staff improving their knowledge of the condition and how physiotherapy can be used to maximise potential and enable access to the curriculum.
Therapies and Dietetics is part of the Division of Clinical Support Services at The Rotherham NHS Foundation Trust. We offer a wide range of band 5, 6 monthly physiotherapy rotations within many different areas of the service.

At The Rotherham NHS Foundation Trust, we have a strong commitment for developing our staff. You will experience training and support to develop your professional, personal and clinical skills. We offer robust clinical supervision, personal development reviews (PDR's), in-service training programmes and in house courses. The service also offers a Band 5 development programme across all professions within Therapies and Dietetics (Physiotherapists, Occupational Therapists, Speech and Language Therapists and Dietitians). The training on this programme looks at the wider NHS agendas and trust topics.

You will experience a comprehensive induction at the beginning of each rotation. These inductions will be tailored to each individual area. You will receive support and supervision from Senior Physiotherapists, as well as support from members of the MDT.

Within all our services we provide a flexible approach to service delivery which includes 7 day working, evening and weekend services within clinical areas. These differ between services, and as a result the successful candidate may be required to have a flexible approach to their working day, including weekends.

The rotational Band 5 physiotherapists are also required to join the respiratory on-call team following successful completion of the comprehensive on-call training programme, with ongoing support from the team as required. The training programme consists of 3 days theoretical teaching and 6 days shadowing in relevant clinical areas with senior members of the respiratory team.

Please continue for further details on the specific band 5 rotations available and a brief summary about what each service has to offer on the band 5 physiotherapy rotations.

Musculoskeletal Outpatients
The Musculoskeletal (MSK) Team at The Rotherham NHS Foundation Trust receives referrals from GP’s and provide clinics from several locations across Rotherham. These include Rotherham Hospital, Park Rehabilitation Centre and the Rotherham Community Health Centre. In addition to these, 3 main sites clinics are run from GP practices and joint service centres across the borough. The band 5 rotational posts are based in either one or a variety of the above locations and provide the opportunity to assess and manage a wide variety of MSK conditions for all ages of patients. Staff will work alongside Senior Physiotherapists in the team and also the Orthopaedic Physiotherapy Practitioners within the service who are predominantly triaging patients. Weekly supervision, team supervision sessions and in-service training are provided throughout the month to broaden skills and knowledge within MSK Physiotherapy.

Support is given continually throughout the rotation but particularly initially with extra time for new patients, admin time and core in-service training on spinal, shoulder and hand assessment within the first two-three weeks of a rotation.

Rehabilitation skills can be developed in a variety of classes including shoulder, back and hydrotherapy.

Working Hours vary across the MSK rotation. The rotation offers a 4 day working week pattern with a late evening clinic and there is also a Tuesday to Saturday rota because the service provided a Saturday morning clinic for patients.

Orthopaedic Outpatients
The Orthopaedic Outpatient Team offers rotations in both the upper and lower limb teams. This rotation provides the opportunity to treat a variety of Musculoskeletal (MSK) conditions referred via Orthopaedic Consultants for both conservative and post-operative rehabilitation. Rehabilitation also includes a large variety of rehabilitation groups and hydrotherapy sessions. For example the team provides hydrotherapy sessions and rehabilitation groups for shoulders, post-operative hips, hand / wrist and spines.

The team also includes 2 women’s health physiotherapists who receive referrals from the urology and gynaecology consultants and midwives. There is an opportunity on this rotation to also develop skills I assessing, treating and managing antenatal patients, including involvement in a pelvic girdle pain group.

Support is given continually throughout the rotation but particularly initially with extra time for new patients, admin time and core in-service training on Spinal, Shoulder and Hand assessment within the first two-three weeks of a rotation. A comprehensive in service training programme is carried out during the rotation for the team.

Orthopaedic Inpatients
Throughout this rotation you will gain experience in the assessment and management of a wide variety of conservative and postoperative elective and trauma patients. You will also gain experience and have the opportunity to work within paediatric orthopaedics and day surgery patients. There is a vast array of learning and development opportunities throughout this rotation with teaching opportunities from the wider MDT. MDT working is paramount and you will gain experience in working closely with the wider MDT. This rotation will also develop your ward management, supervision and discharge planning skills. We provide a 7 day Orthopaedic service and are highly committed to continual staff and service development.